## Stage 2 **Recovery Program**

(705-848-2129 Ext. 312)

This is a 12-day residential program for individuals 16 years of age and up who:



Are requiring additional knowledge & assistance to enhance their recovery.

Individuals booked for this group will examine the core topics covered in the Family Program with sensitivities toward the needs of the recovering addict or alcoholic such as:

 ▼ Triggers to relapse Identifying high risk situations Unhealthy behaviors Coping mechanisms Anger management in sobriety Use of leisure time in sobriety Understanding the relapse process.



**Exercise** equipment purchased with charitable donations to the centre.



Camillus Centre main entrance (located around the back of the building) beside the garage. See Attendant on 2<sup>nd</sup> floor for check-in.



Camillus Entrance

### **Chemical Dependency Program (Adult & Youth)**

(705-848-2129 Ext. 314)

#### **Admission Process:**

The Ministry of Health and Long-term care mandates a standardized assessment tool for all drug and alcohol treatment agencies.

Our **3 Step** process involves:

- 1) Completion of Assessment Tools ADAT or GAIN Q3-MI ON.
- 2) Initial Contact and Screening.
- 3) Telephone Intake assessment.

The Standardized assessment is sent to the Camillus Centre and the Intake Reception completes a short screening and schedules a telephone intake with the Intake Worker.

The Drug and Alcohol Helpline www.connexontario.ca or call 1-800-565-8603 provides free information about drug and alcohol addiction services in Ontario and locations where individuals can have the Assessment Tool completed.

The Individual wanting treatment will be required to provide a copy of their valid provincial Health Card. If applicants have insurance coverage for private or semiprivate hospital beds, these numbers must be provided prior to admission.







9 OAKLAND BOULEVARD **ELLIOT LAKE, ONTARIO** P5A 2T1

www.sighel.ca



## **Withdrawal Management Services**

Telephone: 705-848-2129 Ext. 304 24 hour Addiction Program Worker

Facsimile: 705-461-4510

#### **Camillus Centre**

**Treatment Programs for Substance Users** 

Telephone: 705-848-2129 8:00 a.m. to 4:00 p.m. Ext 312 Attendant 24 hrs Ext. 310

Facsimile: 705-461-8599

# Withdrawal Management Services



Our accredited 17-bed facility operated by St. Joseph's General Hospital, offers Level 2 crisis/withdrawal, detoxification and

stabilization programs to patients 16 years of age or older. Residents must be stable and able to participate. We accept referrals from individuals and others, either by phone or in person. Oaks W.M.S. is a co-ed facility and length of stay is based on patient need and bed availability.

W.M.S. services are available 24 hours / day at: **705-848-2129 Ext. 314** 

Withdrawal Management Services Include:

- 1. Crisis/Withdrawal
- 2. House Program
- 3. Assessment
- 4. Pre-Treatment
- Stabilization

## Opiate Tapering Stabilization Program

The Opiate (Methadone, Heroin, Suboxone etc.) tapering program is a limited service offered under the supervision of our Physician.

- Taper to abstinence (\$250.00)
- Stabilizing on Suboxone (\$150.00 2 days)
- Opiate withdrawal to Suboxone induction

Individuals wishing to taper or stabilize should contact our **Tapering Booking Clerk** to inquire about eligibility and availability for this program.

Our tapering booking clerk can be reached at: **705-848-2129 Ext. 301 on Thursdays** 8 a.m. to 12 noon & 1 p.m. to 4 p.m.

#### **Camillus Centre**

St. Joseph's General Hospital operates the Camillus Centre. It is an accredited 40-bed, co-ed facility offering an abstinent based program. Individuals on suboxone are accepted.

#### **General Admissions Criteria**

- A history of symptoms which support the diagnosis of Chemical Dependency or Co-Dependency as the primary problem.
- Physical and psychological health adequate for participation in the program.
- Client must be capable of caring for their own personal needs.
- If on Suboxone, individuals are responsible to provide their own medication.

## **PROGRAMS OFFERED**

# Chemical Dependency Adult Program

(705-848-2129 Ext. 314)

This is a 4-week residential program, consisting of one week of Pre-Treatment at the W.M.S. followed by the three week treatment program.

The process of change and growth is initiated through active participation in a recovering community. Our therapeutic approach utilizes the Bio-Psycho-Social and Cognitive Behavioral Therapy models of treatment as well as a Group Therapy approach.



Clients attend lectures, videos, discussions, group counseling and 12-Step meetings. Issues and problems are addressed in light of personal experience and feedback. The process of recovery is initiated and nurtured in a warm and supportive atmosphere.

## Chemical Dependency Young Adult Program

(705-848-2129 Ext. 314)

Our Young Adult Chemical Dependency Group, Ages 16 –24, consists of 4 weeks (one week of pretreatment followed by 3 weeks of residential instruction).

The Young Adult Group is part of the Adult Chemical Dependency Program and provides additional programming to address the specific issues facing young adults.

# Family/Co-Dependency Program

(705-848-2129 Ext. 312)

This is a 12-day residential program for individuals 17 years of age and up who have never had a substance abuse problem.

Individuals applying however have been directly affected by another's addiction (i.e. mother, father, sibling, spouse, significant other, etc.).

Treatment topics include: Family of origin issues Physical/emotional/sexual abuse Resentment, shame fear and guilt Co-dependency behaviours Care-taking and enabling behaviours Problems with boundaries Assertiveness Self-esteem and self-worth Relationship issues (healthy versus unhealthy).

Please note that this program is offered to individual family members rather than whole family units.



Ministry Funded and Fee For Service Beds available in all programs.